



8<sup>th</sup> Annual  
Sunset Bay Trail Runs  
Saturday, September 1, 2018  
13.1 mile, 15 km, 4 mile, and  
1 mile beach fun run

**Where:** Sunset Bay State Park, registration at the Gazebo just past Sunset Beach. Sunset Beach is located two miles west of Charleston, Oregon on the Cape Arago Highway.

**Course:** Challenging, hilly, cross-country terrain with spectacular ocean views

**Start Times:** ½ Marathon – 9:30, 1 mile fun run 9:50, 4 mile and 15 km 10:00

**Benefits:** Proceeds will be donated to the Pregnancy Resource Center

**Awards:** Participation awards for the 1-mile fun run, 1<sup>st</sup> through 3<sup>rd</sup> place ribbons for age group winners. Plaques and bragging rights to overall winners. There will also be random drawings for prizes donated by local businesses

**Entry Fee:** 1-mile fun run – Free!  
General public -\$10.00, Students and SCRC members - \$8.00

**Shirts:** A technical shirt (dry fit/cool max) is available for an additional \$15. Registration must be received 2 weeks prior to race date. Additional shirts may be available race day depending on availability.

**Facilities:** Restrooms and water are available at the start/finish area. Additional restrooms are at 4 miles for the ½ marathon and 15 km runners.

Packet pickup and late registration: 8:30 am at the start area.

**Miscellaneous:** The course is open to traffic, so please be alert. The course is RRCA sanctioned. NO headphones, rollerblades, skateboards, bicycles, animals, or jogging strollers are allowed during the race.

**Race Director:** Patrick Myers, 541-290-7530 or [pmyers122@msn.com](mailto:pmyers122@msn.com)

.....2018 Sunset Bay Trail Run.....

**Please Print Clearly**     Male  Female                      BIB# \_\_\_\_\_

Name \_\_\_\_\_ Phone \_\_\_\_\_ Age on Race day \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip \_\_\_\_\_

**Race Category:**    13.1  15km  4 mile run  4 mile walk  Fun Run(no charge)

**Entry Fee:**         \$10     \$8 (SCRC/Student)    \$15 Shirt (by August 19)

**Shirt Size (available for additional \$15.00):**  Small    Medium         Large  X-Large

Enclose check or money order payable to SCRC, 2580 Pony Creek Road, North Bend, OR 97459

I know that running is a potentially hazardous activity. I should not enter to run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including, but not limited to: falls, contact with other participants, the effects of weather, including high heat and humidity, traffic, and conditions of the road or trail, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the South Coast Running Club, Road Runners Club of America, Coos County, Oregon State Parks and Recreation Department, its commission, employees, and all sponsors, supporters and the directors, their representatives and successors from all claims and liabilities of any kind arising out of my participation in this event. I assume payment for any and all medical emergencies of mine that arise. I certify that I have read the above and all information provided on this form is true and complete with my signature. I understand that this event is RRCA sanctioned and that all bicycles and strollers, roller skates or blades, animals and radio headsets are not allowed in this race and I will abide by this guideline.

Signature \_\_\_\_\_ Date \_\_\_\_\_  
(Parent if under 18)

